

You are valuable

Do you feel you are a valuable person? If you could live your life over again, would you choose to be who you are now?

In fact, many people do not like themselves and feel that they are not good enough! If I ask you, what do you appreciate about yourself, you may not be able to answer even after thinking about it for a long time. But if you are asked what you do not like about yourself, it is probably easy to name dozens of items. This is because we all live in a world that is not good at appreciating each other or ourselves.

1. Looking at the value of people from a scientific perspective

We like to measure a person's value with material things, and we will determine his importance based on what he has, because we live in this extremely materialistic world, and in this materialistic society, everything is measured by material things, and people are the same.

Some scientists have done a research like this, measuring a person's value based on his chemical composition: human fat can be used to make seven bars of soap, lime is enough to paint a small room, the carbon content can make 20 pounds of carbon, and the phosphorus content can make 2,200 matches. In addition, there is about 1 spoonful of sulfur and 1 ounce of metal. The iron in the human body can be cast into a 1-inch long iron nail. If a chemist were to measure it, if all the elements in the human body were extracted and made into daily necessities, the value of the human body would be no more than a dozen dollars.

2. Looking at the value of people from a social perspective

How do most schools measure the value of students now? Many times, the value of students is differentiated only by the grades they get, and henceforth come the so-called elite classes. Basically no one cares about the value of their personal lives, such as character, sociability, love, loyalty...! Therefore, in this materialistic society, there will be no loving elites or cooperative elites. We are trained to be very self-centered, and to value performance and ability!

In this materialistic society, people have become commoditized and materialistic! Everyone starts to turn themselves into a commodity, wanting to be beautiful and rich! How does the world determine a person's value? Overall, it is what you have, for example: Who is the most successful person? A wealthy man, or a super-star?

As we grow up and enter society and our workplace, we discover that we often find ourselves in a situation where we have to reflect our own value through others! First of all, you have to meet the boss's requirements and establish working relationships with colleagues! So some people strive to get ahead, curry favor with the powerful, and step on others to get to the top. At this time, many people feel that they do all these things just for the so-called "survival"!

3. Looking at the value of people in relationships

Many girls date randomly just to affirm themselves that they are valuable or to be cared for! Boys may also ask for sex in exchange for love in order to satisfy their own selfish desires! Because everyone is only thinking about themselves, many people no longer know the purpose of life, and just climb forward numbly, hoping to have more love from others to fill the void in their hearts, or to satisfy it with other material things!

Maybe it is because we have never felt valuable in the family, or have never felt being loved even by the parents, experiencing merely demands or controls. This is the most regrettable thing in today's world. Family is no longer a warm place. Maybe your parents do not know how to love you, and they think it is enough for you to survive and have food to eat! This is just the way they raise you, passed down from the previous generation, and it may also be the root cause of why we do not feel that we are precious.

4. The value of people in God's eyes

Nick Vujicic was born without hands or feet. His father is a pastor in the church, but facing such a son, he still could not help but feel extremely worried and frightened. After the first few months of tears, doubt, and grief, the parents accepted this fact in their hearts and raised the child according to God's will. In his early school life, Nick encountered rejection, teasing, and bullying simply because of his physical differences. However, with the support of his

parents, he gradually developed some value judgments from God and realized that although his appearance was different, his life inside was no different from others. Soon, his classmates realized that he was not an outlier, and God continued to give him new friends. Having experienced various emotional battles of bullying, self-pity, and loneliness, God planted a passion in his heart to share his story and experiences to help others overcome various challenges in life and let God turn them into blessings one by one. At the age of 21, he had obtained a bachelor of commerce degree, majoring in financial planning and accounting. He is also an inspiring speaker who shares his story and testimony everywhere. He also learned to take care of himself and enjoys swimming, fishing and playing football.

Through Nick's testimony, we understand that life is not just about what we have. Even if we do not have limbs, we can still shine in the world! Because God is in our hearts, He loves us with an everlasting love, and this love will not change because of what you have or not.

God sees us as princes and princesses, and we are worthy of being loved! The Bible says that God knows you; even the hairs of your head are all numbered (Luke 12:7). And God has also redeemed you with a great price, "He who did not spare his own Son, but gave him up for us all, how will he not also with him graciously give us all things?" (Rom 8:32)

So the value of man lies in God's creation and redemption, not in the body. This is God's love for me, which cannot be measured by the material things of this world, nor can it be stolen by others.